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Reflection on Career Path in psychology

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Reflection on Career Path in psychology

Having taken the Master in Clinical Counselling psychology program at Clayton State, I now know what career path to pursue. I was a bit undecided, but it is now clear to me because the options are plenty. My chosen career path leans towards working in a school environment. In this area, my role is important because I will be working with teachers and learners to help the teachers adopt the best psychological practices in teaching and learners understand and interpret what is taught. As a school psychologist, Calvin Smith advised that school psychologists are crucial stakeholders in developing school curriculum in the school psychology interview. Therefore, my role will not just be the mental and psychological well-being of students and teachers. Still, I will also assist in the development of teaching and instruction practice but assisting instructors in improving their methods of instruction.

Calvin Smith's interview offered me crucial advice on what is expected from a school psychologist. For instance, as a psychologist in a learning setup, I am knowledgeable in behavioral and mental health, training, and education development. Though I intend to practice psychology in the learning environment, Dr. Nichelle Jackson's interview offered me valuable insights into the cultural aspects crucial for practicing psychologists, which I find crucial in the school setup where students and teachers from different ethnic backgrounds interact. While intermingling with different learners and teachers, I must be fully conscious of the cultural differences between individuals. In this regard, I must strive to learn more about different cultures because my psychological intervention programs that fit one culture might not necessarily apply in a different culture. In this respect, I must familiarize myself with the cultures and ethnic differences between the students and their instructors if I am successful in my practice.

In addition to that, practicing psychology in the learning environment comes with its unique challenges and advantages. One of the pros is the summer offs and payments even when schools are closed. In addition, my services are in demand, meaning job opportunities abound. I will be working with students and helping them achieve their academic dreams while working with different students from different ethnic backgrounds, which is interesting and enjoyable. In addition, my days as a school psychologist will always be dissimilar. No two days are the same because of the diversity of the learners and teachers I will be working with. More important is the autonomy that school psychology practice offers me. I will have numerous caseloads because students have many issues to address, but no one will micromanage my practice. I will get to decide how to manage my daily routines and how to see my students. Autonomy, in turn, creates a friendly work setting that helps me thrive as a school psychologist.

Among the cons of practicing psychology in a school, setup is it requires me to dedicate time. Though I am not being micromanaged, I will have to dedicate time to address the needs of different students and teachers. For example, I might have to arrive at school early or work with students during break times not to miss their lessons. Also, I might feel exhausted because depending on the school I work in, the practice might need me to handle different schools in the same district. In such a case, I will have many students to handle compared to psychologists who handle solitary schools.

As I conclude, in the interview with Dr. Mario Norman, though he talks about psychology in business, one important lesson is that psychology can achieve its purpose if it influences patients to alter their behaviors in a way that improves their lives. Therefore, I want to help students change their behavioral habits in a way that addresses the psychological issue they encounter in their lives, whether at school or home. I know that my career choice might change

with time, but I believe the Master in Clinical counseling psychology program has prepared me for the challenges ahead. In addition to that, working as a school psychologist comes with pros and cons, but the advantages outweigh the disadvantages.

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